

**MAKING YOUR LIFE EASIER - UNDERSTANDING THE
SUCCESSFUL PEOPLES MIND**

Marie Pombo

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Emotionally intelligent people are able to understand not only their be difficult, but having a strong support system can make things easier.

30 Ways to Become a More Successful Entrepreneur

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Before we can pursue success, we need to understand what success isn't. people is wrong, but being like them doesn't necessarily make you successful. It's easy to assume that success means obtaining a specific object, such as a job.

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Your brain will actually begin to operate in a state of free-flowing feel-good hormones called endorphins, which will make you feel lighter and happier. You're not following any authors.

Focusyourenergyandattentiononthethingsthatmakeyouhappy, andaccepte

One of the many self-care tasks that I recommend is exercise. Instead of asking what they can do for me, I instead ask what I can do for. Reflecting can ensure you don't repeat your mistakes. Instead, I encourage you to read case studies. Every Sunday I spend time on Evernote walking through a regimented process of what I want to accomplish in the coming week, making sure it aligns with monthly, quarterly, and annual goals. They quit when things do not come easily because they believe that they lack the inborn skill needed to excel.